Welcome to our second General Meeting of the year! Our focus for this meeting is OVERCOMING IMPOSTOR SYNDROME, with special guest Dr. Valerie Young. Dr. Young is an internationally known public speaker, a leading expert on the impostor syndrome, and the author of the award-winning book “The Secret Thoughts of Successful Women: Why Capable People Suffer from the Impostor Syndrome and How to Thrive in Spite of It”.

A former manager of strategic marketing at a Fortune 200 company, she has shared her advice with executives at companies including Boeing, IBM, Chrysler and many more. She has spoken at over 60 major colleges and universities, and is here today to speak to us about how to be our most successful selves.

For those of you who don’t know what impostor syndrome is (or if you have it!), impostor syndrome is the feeling of being a ‘fraud’ – that you’re somehow less qualified than your peers, less deserving of success, and that you’ll be “found out” if you don’t work harder than everyone else.
Easy Pumpkin Icecream Pie!  
By Kristal Celik

1/3 cup unsalted butter, melted (about 5 1/2 tablespoons)  
1 1/3 cups graham cracker crumbs  
1/4 cup granulated sugar  
3 cups vanilla ice cream, well-softened  
1 cup pumpkin puree  
1/3 cup light brown sugar, packed  
1 teaspoon vanilla extract  
1 teaspoon cinnamon  
1 teaspoon pumpkin pie spice  
whipped cream or whipped topping for serving, optional

DIRECTIONS
1. Preheat oven to 350F and spray a 9-inch pie dish with cooking spray; set aside.  
2. In a large microwave-safe bowl, melt the butter, about 1 minute on high power.  
3. Add the graham cracker crumbs, granulated sugar, and stir to combine.  
4. Turn mixture out into prepared pie dish, hard packing it with a spatula or your fingers, making sure to extend the mixture up around the sides.  
5. Bake for 10 minutes; set aside to cool. While pie cools, make the filling.  
6. To a large mixing bowl (same one used for the crust is okay, wipe it down with a paper towel) add the ice cream, pumpkin, brown sugar, vanilla, cinnamon, pumpkin pie spice, and beat with an electric mixer until smooth and combined.  
7. Pour filling into crust and place in the freezer to chill for at least 4+ hours (overnight is fine) or until set.

HOPE YOUR HALLOWEEN IS FULL OF FUN & SWEETS!
WHAT’S GOING ON IN SWE?

HOUSE MEMBERSHIP PROGRAM
By Joyce Toh

The House Membership Program was started a year ago with the goal of forming a sense of support and community in SWE. It allows our members to connect in a close-knit group of fellow members which form a house. The hope is that through various house events and competitions, you and your house will get to know each other better as well as have lots of fun together. House leaders will be elected to facilitate the process by planning fun outings and socials. Throughout the year, you will play together, laugh together, and work together to ultimately win the House Cup at the final House Competition.

OUTREACH COMMITTEE:

SWE Science Saturdays!
By Ilakya Palanisamy

At SWE Science Saturdays, 4th and 5th graders from local elementary schools participate in fun, 2 hour-long engineering projects and challenges. At September's event, students got hands-on experience with Civil Engineering by building cantilevers and spaghetti-marshmallow towers; students were challenged to build the most sturdy, and largest, cantilevers and towers! Our events are super fun, and we’re always looking for volunteers to lead and help with our activities!

Upcoming Days:
October 11th
November 1st
December 6th

Interested in volunteering? You can contact Ilakya, Elementary Outreach Officer, at ilakyp@gmail.com.

SOCIAL MEDIA

Follow us on Instagram at @ucb_swe
and on Twitter at @UCB_SWE 😊
HOUSES: Join One!

**SWE SHELLS**
- Enjoys the outdoors
- Colors: Coral/Mint
- Mascot: Patrick Star
- Officers: Sahiti, Kelly, Nicole, Jessica, Angela

**FIRE-BREATHERS**
- Sociable, open
- Colors: Purple/Yellow
- Mascot: Dragon
- Officers: Shir, Amy, Anshu, Anna, Apoorva

**PICNIC HOUSE**
- Explore Berkeley
- Colors: Grass Green/Sky Blue
- Mascot: Yogi Bear
- Officers: Allie, Lesley, Elizabeth, Anran, Nikki, Heather

**SWE SNOWMEN**
- Cooking & Baking
- Colors: Azure/Lavendar
- Mascot: Olaf
- Officers: Grace, Nidhi, Julia, Joanna, Isabel, Ilakya